

MOPS (Mothers of Preschoolers)



hey,  
mama

Momming is hard. Take a load off.

You're invited to join the mother of all mom meet ups! Coffee, crafts, topical parenting discussions, friendship, and free childcare for kids 0-5.

Meetings take place the second Tuesday of the month (September to June) 9:30am to 11:30am  
[facebook.com/okotoksmops](https://www.facebook.com/okotoksmops)  
[mops@okotoksefc.ca](mailto:mops@okotoksefc.ca)

January 8	April 9
February 12	May 14
March 12	June 11

#thisismotherhood

For Men or Women

## DivorceCare

Meets Tuesdays, 6:30-8:00pm  
Beginning January 15  
Facilitator: Jola Hanhart

*DivorceCare is a seminar and support group designed to help you or your friend through the divorce process. You can join this warm and caring group at any time.*

## GriefShare

Meets Wednesdays, 1:30-3:00pm  
Beginning January 16  
Facilitator: Lynn Seim

*GriefShare is a seminar and support group designed to help you rebuild your life after losing a loved one. Our group is led by caring people who have experienced grief and want to help you through the difficult days ahead.*

For more information on any of the items in this brochure, please contact Marion Dueck.

[women@okotoksefc.ca](mailto:women@okotoksefc.ca)  
403-938-3311

# Ministry to Women

January to March 2019



**OKOTOKS**  
evangelical free church  
helping people reach their potential in Christ

[office@okotoksefc.ca](mailto:office@okotoksefc.ca)  
[www.okotoksefc.ca](http://www.okotoksefc.ca)  
403-938-3311  
28 Westland Rd  
Okotoks AB T1S 1T2

# Bible Studies

Tuesdays 9:15-11:15am starting January 15

*Childcare by donation; moms may need to help occasionally*

## **True Spirituality by Chip Ingram**

*Becoming a Romans 12 Christian* \$15

Facilitator: Cathie Bailey

Being a genuine disciple of Christ flows out of a relationship with Him. It's about experiencing God's grace, not earning His love through performance. A real relationship with Jesus Christ will produce a follower whose life looks progressively more like His life. Romans 12 provides a relational profile of an authentic disciple: someone who is surrendered to God, separate from the world's values, sober in self-assessment, serving in love and supernaturally responding to evil with good. Christians who live out this kind of lifestyle are what we call Romans 12 Christians.

## **No Other Gods by Kelly Minter**

*The Unrivalled Pursuit of Christ* \$18

Facilitator: Lisa Branch

Often, idols are obvious—money, power, fame. But subtler idols can sometimes take the form of loved ones, Instagrammable interiors, and busy seasons of work, motherhood, or ministry. If your heart is prioritizing any of those pursuits before God, you're missing the unrivalled joy and adventure of Jesus being your heart's ultimate treasure. In this 8-session study, learn to identify the functional gods you may be unknowingly serving and the lies they tell. As you dethrone your modern-day idols, you'll be set free for the deeper, more abundant life Jesus came to give you—discovering that Jesus can do what no other god can.

## **Revolutionary Parenting by George Barna**

*What the Research Shows Really Works* \$20

Facilitator: Janice Metcalf

It's your deepest wish for your child: a vibrant, faith-filled life. Yet the day-to-day challenges of parenting can feel so overwhelming. How can you be sure you're doing the right things to shape your child's heart, mind and spirit? There is no one-size-fits-all instruction manual to follow if you want to produce children who mature into twenty-first century disciples of Jesus. But in this book, world-renowned researcher George Barna reveals some of the pieces to the puzzle, pieces that will guide your journey toward raising an irrepressible follower of Jesus Christ. Some of his findings will encourage you; some will surprise you. But all of them will equip you for *Revolutionary Parenting* that works.

### Register online for Bible Studies

[www.okotoksefc.ca/study](http://www.okotoksefc.ca/study)

Pay online using VISA or MasterCard  
or pay with cash or cheque payable to OEFC

*(the use of Firefox or Chrome is strongly recommended to ensure optimal performance; contact the church office if you experience difficulty)*

## Mentoring

Experience growth and encouragement through a mentoring relationship! Each relationship is unique, designed especially with the mentee in mind.

[women@okotoksefc.ca](mailto:women@okotoksefc.ca) 403-938-3311

## Ladies' Prayer Time

First and third Thursdays, 9:30—11:00am

Join us to see God move mightily through prayer!

## Coffee & Crafting

Join us on Thursdays for a drop-in, come-and-go format time of coffee and crafting (adults only). Bring whatever you're working on (quilting, knitting, scrapbooking, etc.) or just come for the coffee and conversation! Stop by the Fireside Room between 9:00am and 1:00pm every Thursday from January 10 through mid-June.

## Connexion Café

Get connected with other women and with God at our Connexion Café nights, the first Monday night of most months.

**Monday, January 7 @ 7:00pm**

Special Feature: *Lore Soap* with Amanda Bartel.

God story by Julia Wolf.

Also mark your calendar for *Connexion Cafés* taking place on February 4, April 1 and May 6.

## Brunch

For the month of March, we are taking a break from Connexion Café to try something new! Join us on Saturday, March 9 for a special event in the Fireside Room. We'll begin with brunch at 9am, and the morning will include a panel of OEFC women discussing the topics of respect in marriage and sexual intimacy in marriage. We'll be finished by 11:30am.

## Moms in Prayer

Moms in Prayer has a vision that every school in the world will be covered in prayer. They provide resources, encouragement, and community that help impact children and schools for Christ by gathering local moms to pray together. The Okotoks group meets every week. Contact Lisa Branch for details. [lisa.branch@me.com](mailto:lisa.branch@me.com) [www.momsinprayer.org](http://www.momsinprayer.org)